



ORCHID ISLAND

GOLF & BEACH CLUB

NEWS RELEASE

DATE: 10/21/2014
FOR RELEASE: Immediate
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ORCHID ISLAND GOLF & BEACH CLUB RANKS IN TOP 20 IN THE NATION FOR BEING ONE OF AMERICA'S HEALTHIEST CLUBS

Recently Orchid Island Golf & Beach Club took part in the requalification process with Prevo Health Solutions in order to retain its certification as one of America's Healthiest Clubs. The Club is proud to announce that not only did they successfully achieve recertification, but also improved their ranking to now be included as one of the Top 20 Clubs in Nation.

The Club's Director of Fitness & Wellness, Denise Duda and Director of Human Resources, Maria Jenkins led the Management Team over the past year by creating a culture which promotes health and wellness for the entire staff and the Club Members. This process required a focus on Vision, Alignment and Execution involving activities and educational classes pertaining to better nutrition and fitness habits. *"I believe that the greatest gift you can give yourself, family and friends is good health. Orchid's commitment to providing the tools for optimum health for members and employees is exceptional. It is such a joy to help lead this wellness focused incentive,"* expressed Denise Duda.



Denise and Maria's dedication and guidance allowed the Club to reach its health goals, resulting in an elevated score which placed Orchid Island in Top 20 Club category. *"It's been a great pleasure being involved in establishing a wellness program. I have really enjoyed sharing the logistics of the program with all staff and then watching them experience such positive results. It's simply rewarding to see their accomplishments in just 9 months,"* shared Maria Jenkins.

Orchid Island Golf & Beach Club plans to continue on the path of promoting a more healthy lifestyle. Being one of America's Healthiest Clubs is very rewarding, because having a healthier staff makes for a happier staff and that is a win-win for the whole club.

(Pictured above: Picture on left: Mike Rose, Director of Facilities Maintenance; Picture on right: Sherry Combs, Human Resources Assistant and Diana Rugani, Accounts Payable.)

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Orchid Island is a private, gated residential community of gracious waterfront and golf course homes, featuring miles of unspoiled beaches, an award-winning Arnold Palmer golf course and an intimate Beach Club perfectly suited for leisurely gatherings, club activities and exceptional dining. For more information, visit www.orchidislandgolfandbeachclub.com

Prevo Health Solutions, Inc. is the club industry's premier wellness experts with expertise in workplace wellness and member retention. Our mission is to improve the overall health of the Private Club Industry through education and sharing of best practices. Our team consists of health professionals, certified nutrition & fitness experts, workplace wellness gurus and engagement specialists. Prevo Health Solutions works with employers of all sizes to develop and execute custom wellness strategies which maximize engagement and participation. For more information call 888-321-1804 or visit www.prevohealth.com.